

Category : Hindi - à¤¹à¤¿à¤à¤à¤à¤

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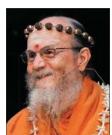
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Four dynamic stages:

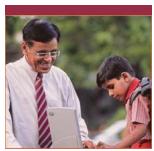
- 1) As a student, gaining knowledge in math, science and other fields;
  - 2) supporting and raising a family;
  - 3) as a grandparent, semi-retired, devoting more time to religious pursuits and community programs while guiding one's offspring and their children;
  - 4) as the physical forces wane, withdrawing more and more into religious practices.



1. Student, age  
12â»24  
Brahmacharya  
Ashrama



2. Householder, age  
24–48  
Grihastha Ashrama



3. Senior Advisor,  
age 48–72  
Vanaprastha  
Ashrama



4. Religious  
Devotion, age 72 &  
onward  
Sannyasa Ashrama