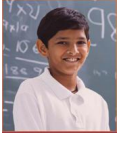


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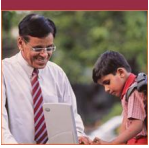
- 3) as a grandparent, semi-retired, devoting more time to religious pursuits and community programs while guiding one's offspring and their children;
4) as the physical forces wane, withdrawing more and more into religious practices.



1. Student, age
12-24
Brahmacharya
Ashrama



2. Householder, age
24-48
Grihastha Ashrama



3. Senior Advisor,
age 48-72
Vanaprastha
Ashrama



4. Religious
Devotion, age 72 &
onward
Sannyasa Ashrama