

[Beware Vaccinations](#)

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Beware Vaccinations

Lifesavers that they've been, proliferation of childhood vaccinations brings its own hazards

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Although immunization has successfully reduced the incidence of diseases such as smallpox and polio, vaccination can cause side effects, some minor and some quite major. We have reached the point where the side effects may pose more risk than the disease being vaccinated against. It is even possible that the widespread use of vaccines is contributing to the trend of deteriorating health among North American children. More children are being vaccinated for more diseases today--21 shots by the time they reach first grade.

Evidence is everywhere. One survey found that children receiving the pertussis (whooping cough) vaccine were six times more likely to develop asthma than children not receiving this vaccine. In 1993, Japan suspended the use of mumps vaccine due to the high incidence of mumps meningitis as a complication. The Autism Research Unit at the University of Sunderland reports an increased incidence of parents' claiming that their child's autism was the result of, or compounded by, vaccination. Said one researcher, "Many times each week, we are contacted by parents who talk about the effect they saw when their child was vaccinated, often describing harrowing scenes of extremely rapid regression, from perfectly ordinary children to children who exhibit very severe behavioral and physiological problems." California's autism rate has mushroomed 1,000% over the past 20 years, with dramatic increases following the introduction of the measles-mumps-rebella (MMR) vaccine in the early 1980s. England also had dramatic increases in autism beginning in the 1990s, following the introduction of the MMR vaccine there.

International studies have implicated vaccination as a cause of SIDS. SIDS, Sudden Infant Death Syndrome, is a "catch-all " diagnosis given when the specific cause of death is unknown. Estimates range from 5,000 to 10,000 cases each year in the US. One study found the peak incidence of SIDS occurred between the ages of two and four months in the US, precisely when the first two routine immunizations are given. In the 1970s, Japan raised their vaccination age from two months to two years. Their incidence of SIDS dropped dramatically. They went from an infant mortality ranking of 17 to first in the world. That is, by not immunizing infants, they achieved the lowest infant SIDS death rate in the world.

A study of 13,612 children ages two months to 16 years was published by the UCLA School of Public Health on the effects of diphtheria-tetanus-pertussis (DTP) vaccine. It concluded, "Subjects who had been vaccinated were more likely to have histories of asthma, severe allergic reactions, and any allergy or allergic reaction. Vaccinated subjects were also more likely to have had sinusitis or sinus problems, or allergy related nose and eye symptoms in the past year. DTP or tetanus vaccination in children is associated with a lifetime history and twelve-month prevalence of many allergies and related respiratory symptoms. Vaccinations may be partly responsible for the increase of asthma and other allergic hypersensitivity disorders." Another study showed the risk of serious adverse reaction to the DTP vaccine as one in 1,750, while the chances of dying from pertussis itself is just in one in several million.

Some vaccines make little sense, such as for hepatitis B. We know how the disease is contracted. The risk factors can be avoided, making the vaccination unnecessary. The side effects of the vaccination may be 100 times worse than getting the disease itself. A nine-year-old boy was brought to my clinic with a diagnosis of juvenile rheumatoid arthritis. While taking his history, it became evident that the immune system was triggered adversely following a hepatitis B vaccination. He developed a high fever and all his joints swelled. He was put on prednisolone, a powerful steroid with adverse effects itself. Finally, his parents sought my advice. After nine months of treatment and detoxification, he went into remission.

Vaccine ingredients include known toxicants and carcinogens such as thimersol (a mercury derivative), aluminum phosphate, formaldehyde (for which the Poisons Information Centre in Australia claims there is no acceptable safe amount that can be injected into a living human body) and phenoxyethanol (your car's antifreeze). Some infants receive 100 times the EPA's maximum allowable amount of mercury through vaccines. Some of these ingredients are gastrointestinal toxicants, liver toxicants, respiratory toxicants, neurotoxicants, cardiovascular and blood toxicants,

reproductive toxicants and developmental toxicants--to name just a few of the known dangers. Chemical ranking systems rate many vaccine ingredients among the most hazardous substances, and they are heavily regulated. In the December 1994, Medical Post, Canadian author of the best-seller Medical Mafia, Guylaine Lanctot, MD, stated, "The medical authorities keep lying. Vaccination has been a disaster on the immune system. It actually causes a lot of illnesses. We are changing our genetic code through vaccination. One hundred years from now we will know that the biggest crime against humanity was vaccines."

As a parent, you should be informed, and calculate the risk versus the benefit. My children are only vaccinated for polio and tetanus. They both got measles and chicken pox. They recovered without complication, thanks to natural medicine. If your kids have skin rash, diarrhea or some other serious condition, ask your doctor and get more information from the Internet before getting them vaccinated. If there is any family history of auto-immune disease, avoid vaccination, or delay it until the immune system is more mature. Mother's milk is the best vaccination for babies. Nutrition is of utmost importance. Eat organic, whole foods with plenty of fruits, vegetable, good oils, even organic butter or ghee. Add supplements. Vitamin A has been shown to reduce the mortality of measles. Zinc, B-vitamins and omega three and six oils are very beneficial. Hygiene is of utmost importance, as it will prevent a lot of disease. Traditionally, the holy basil plant was planted in the center of house, which warded off many varieties of bugs and has strong antiviral properties. Other antiviral, antibacterial plants planted around the house included neem, mango, acacia, amla and haritaki. Finally, remember that it is your duty and right to make a final decision whether or not to vaccinate your child.

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